

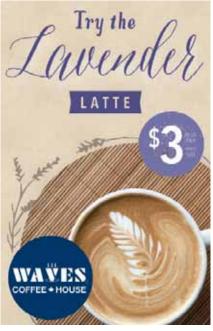
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EXPO COMES TO A CLOSE

Natasha and Victoria Bassingthwaite were among the many costumed guests at the final day of the Calgary Comic and Entertainment Expo on Sunday at Stampede Park, which saw tens of thousands of people attend over the duration of the four-day event. For a photo gallery of the final day's festivities, head to metronews.ca. CANDICE WARD/FOR METRO

Green plots pitched for new cemetery

Dust to dust. Set to open in 2016 on 65 acres, offering an estimated 25 years of burial space

Designating space for green burials has become a grave concern for those designing Calgary's first new cemetery in more than 70 years.

While eco-friendly funerary plots have long been considered, city cemetery boss Gary Daudlin noted the growing enthusiasm for more natural end-of-life options.

"We could very well be looking at green burial space," Daudlin said. "That is something that the public has asked about."

There are different hues of

so-called green cemeteries.

In general, unembalmed bodies are enclosed in biodegradable coffins and laid to rest in hand-dug sites. In some cases, trees and stones are used as grave markers or handheld GPS units are used to locate unmarked graves.

Three detailed design plans for Calgary's southeast cemetery will be unveiled at an open house on Thursday from 5 to 8 p.m. at Ralph Klein Park, which borders the new memorial grounds.

Some of the proposed concepts reflect the city's cultural diversity by offering more spaces for cremations, different orientation of graves or a mausoleum that appeals to ethnic groups that don't believe in burying the dead below ground.

Other ideas cater to living Calgarians. There's talk of add-

ing multi-purpose buildings for events such as weddings, more walkable pathways and open park spaces.

"Our cemeteries are a reflection of our times," Daudlin said. "Those things we look at today that we want in our communities — our cemeteries are very similar."

This development comes as four of Calgary's five municipal cemeteries are full, and the 140-acre Queen's Park could be filled within the next decade.

Still, not everyone is pleased.

Barbara Zimmer has railed against the project, fearing it will sink the value of her neighbouring property. Once built, Zimmer's undeveloped prairie parcel will be landlocked between the cemetery and an existing railway line.

BRYAN WEISMILLER/METRO

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metronews.ca Monday, April 28, 2014

Federal act. Student leaders fear impact on vote turnout

Student leaders with Calgary's biggest university have joined a growing chorus of opposition to proposed federal election law changes they say will hurt voter turnout among the city's young adults.

A letter from Conner Brown, vice-president external with the University of Calgary Students' Union, to Democratic Reform Minister Pierre Poilievre says removing the "vouching" provision will leave many learners without a fixed address out of the democratic process.

Currently, a fellow voter with proper identification can vouch that someone else at the ballot box lives where they say they do; it's estimated 120,000 Canadians relied on the provision to cast a ballot in the 2011 election

"As a first-year student in university, my name may not necessarily be on the lease, I may not have an electrical bill coming to the house and I may have car insurance that ties me to that particular constituency, so, for all intents and purposes, I would be forced to vote in my parents' home riding," Brown said

But the federal Conservatives have warned that such an allowance is vulnerable to voter fraud and has pushed to bar the practice with the introduction of Bill C-23, the so-called Fair Elections Act.

On Friday, however, Poilievre backed down on his hardline stance somewhat, stating voters without proof of a fixed home address would be able to draft an "oath of residence" that is signed by both themselves and a voucher. JEREMY NOLAIS/METRO WITH FILES FROM THE CANADIAN PRESS



With Beltline project, beauty in transition

Supported living.

First of eight similar projects in the works across the city is aimed at combating homelessness



ROBSON FLETCHER robson fletcher@metronews.ca

Advocates for Calgary's homeless are welcoming the first construction phase of a new supported-living apartment block in the Beltline, set to start Monday.

Stepping Stone Manor is to provide accommodation for up to 30 people on

a permanent basis, said Calgary Homeless Foundation communications manager Louise Gallagher.

Construction is to begin in earnest next month, once the house that currently stands at 222–15 Ave. SW is torn down.

But, rather than simply boarding up the old building, the CHF has partnered with This Is My City Art Society to decorate the doomed structure before its demise.

"There's something we can do to beautify things in transition, instead of just putting up some wood on the windows," explained photographer Azriel Knight, whose images now adorn the outside of the old house.

The installation, which

includes paintings by other artists in addition to Knight's photography, will be visible until May 4, Gallagher said. Some of the work will

Some of the work will then be incorporated into the new building, she added, which is set to be complete by next summer.

The \$4.6-million project is the first of eight purpose-built apartment blocks planned as part of the RESOLVE campaign, aimed at boosting the supply of affordable housing in Calgary.

housing in Calgary.
Gallagher said 70 per cent
of the cost comes from the
provincial government and
the remaining 30 per cent
from Cedarglen Living, one
of a dozen local homebuilding companies involved with
RESOLVE.

Stepping Stone just the start

- Human Services Minister Manmeet Bhullar and acting municipal affairs minister Greg Weadick are set to attend a launch event for Stepping Stone Manor on Monday.
- Calgary Homeless Foundation will also host a public community art event at the site from 2 p.m. to 8 p.m. on Monday.
- The RESOLVE campaign aims to eventually raise \$120 million from the private sector to provide 3,000 Calgarians with affordable housing.



metronews.ca Monday, April 28, 2014

RCMP seeking info

Body of Albertan found in B.C.

British Columbia RCMP are investigating what they are calling a suspicious death after a body was recovered from Okanagan Falls, south of Penticton. Police found a dead 24-year-old Alberta man floating in a channel on Friday. THE CANADIAN PRESS

Northeast Calgary

Cause of garage fire that injured man under investigation

One man suffered burns after a fire broke out in a northeast Calgary garage Sunday afternoon.

Crews responded to the scene in the community of Vista Heights around 1:30

p.m. and found a detached garage enveloped in flames.

Responders used an "aggressive attack" to bring the fire under control and managed to spare the adjacent home

The cause of the fire is under investigation.

FOR MORE LOCAL NEWS GO TO METRONEWS.CA



Southeast Calgary

Police seek driver in hit-and-run

Charges are pending after a hit-and-run in Calgary's southeast late Saturday.

According to police, a man was struck by a truck in the 700 block of Lake Bonavista Drive SE around 11 p.m.

The truck's driver fled the scene and the victim was

taken to hospital with nonlife-threatening injuries.

Police Duty Insp. Nancy Farmer said investigators tracked down the vehicle a short distance away from the collision. "There was no one inside," she said.

Officers were working to track down the driver and anticipated laying charges. Alcohol is not believed to have been a factor in the crash. JEREMY NOLAIS/METRO

U of Calgary. Cannon to be president until 2020



The University of Calgary plans to be led by a familiar face until at least 2020.

On Friday, the school's board of governors unanimously endorsed a second term for current president Elizabeth Cannon, who first took the reins in July 2010.

"It is an honour to be president of this great university," Cannon said in a statement posted to the school's website.

"I would like to thank the Board of Governors and the presidential review committee, and everyone in the community, both on and off campus, for their tremendous support. I look forward to working together over the next several years to advance our shared vision of excellence in teaching and learning, research and innovation, and community engagement.

"I am extremely proud to be part of a community that comes together, even during very difficult times, to build a better future."

Cannon and her team will continue to push an ambitious agenda in the coming years, with a primary goal of transforming the U of C into a top-five Canadian research institution

JEREMY NOLAIS/METRO

CBE's response to bomb scare 'horrendous': Father

Incident response.

Evacuated kids were told not to use cellphones



JEREMY NOLAIS jeremy.nolais@metronews.ca

Hours-long delays in getting information about a bomb scare at a Calgary school last week has a parent and communications professional calling on public school officials to shore up their crisis response techniques.

Fred Cheney said he first learned of the situation unfolding at his 11-year-old daughter Kendra's Mountain Park School on Thursday through media tweets and text messages from her.

Shortly before 9 a.m., all students and staff were cleared from the building and sent to Douglasdale School while police investigated a caller's claim that a bomb had been placed in the building.

By 9:30 a.m., the call had been deemed a hoax and class-

es resumed at the southeast school. But Cheney said information still only trickled out — especially after Kendra and others were told not to connect with their parents using their own mobile devices.

Based on what he's pieced together through his own research and Kendra's account, Cheney said students were informed why the school was evacuated around 11 a.m. and a phone message informing parents that all was well wasn't sent out until after 1 p.m.

Pushing for improvements

"I now don't trust them to inform me in a timely manner if there's a critical incident at the school and that's scary to me as a parent." Fred Cheney

According to the school's principal, a message was posted to the school's website around 9:30 a.m., but Cheney questioned how parents would

know to head there for information and said an email blast about the unfolding situation should have been "common sense."

"I just don't understand it," said Cheney, a 14-year communications professional himself in education and other sectors. "This is a colossally horrendous incident response."

CBE officials said in an email that the first communication to parents was through a message on the school website because it can be accessed by employees outside of the building.

The board also said staff discouraged students from texting to "ensure accurate information was communicated," and said very little information was available to staff during the actual evacuation.

"We didn't want to alarm parents by contacting them before we had a better understanding of the situation," the organization said. "The school is currently working with police, staff and others at the CBE to review the best process for the use of cellphones in an emergency situation."



Father and communications professional Fred Cheney is calling on Calgary's public school board to improve its response during crises after he was given little notice that his daughter Kendra's building had been evacuated due to a bomb scare last week. JEREMY NOLAIS/METRO

Animal taxi to offer luxury transport for the pet set



Vet appointments, trips to the groomer, maybe even a plane ride or two.

In many cases, Rover and Whiskers seem to have just as many commitments to keep as their owners.

So a group of motivated ladies are offering up some assistance with getting family pets around via what's believed to be Calgary's first dedicated pet taxi service.

"Pets are becoming more a part of the family ... the pet industry is just booming, it's crazy," said Gayle Kozak, founder of Go Fur Pet Taxi. "People's lifestyles, they're so busy, they just don't always have the time to take their pet where it needs to go. Some people don't drive, too."

So far, Go Fur's team will transport dogs, cats and rabbits, but they believe the market will only grow — and with that, the size of their business.

To date, the service only runs a handful of fares per week, but Kozak was among the vendors at the Calgary Pet Expo over the weekend and said she received loads of interest from owners growing tired of shuttling their furry friends around town.

For a fee, she will even sit with your pooch while he or she awaits that daunting needle from the veterinarian or take care of pre-flight checkin proceedings at the airport.

Kozak said rates are discussed on an individual basis and urged anyone considering using the service for the first time to get in touch two to three days in advance.

JEREMY NOLAIS/METRO

How it started

Gayle Kozak previously worked in the health-care field and struggled to take time off to tend to her pet's needs. She looked online and found taxi services in New York and Toronto specifically but found nothing in Calgary, or Alberta for that matter. For more information on Go Fur Pet Taxi, head to gofurpettaxi.com.



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ASON MRAZ ASON MRAZ AGINE DRAGONS PLANT MELANS IEON TREES B FOR CUTIE SCOLDPLAY metronews.ca Monday, April 28, 2014

Coun. pushes use of existing tech in bid to save cash

GPS-enabled.

Equipment can be used to funnel real-time info to city websites, among other things, Peter Demong says



About one-fifth of Calgary's fleet vehicles are already equipped with GPS-enabled technology that could be better and more broadly used to offer citizens improved service and save the city money in the long run, according to Coun. Peter Demong.

"There's so much more that this equipment can do — we're just barely scratching the surface," Demong said Sunday of the "Common Fleet Operating System"

(CFOS) that Calgary already employs to monitor things like mileage and wear and tear on its vehicles.

But the system could also be used to do things like guide rookie staff along optimal routes when mowing grass in city parks or plowing snow from roads, Demong added, while also funnelling real-time information back to the city website so citizens can see when and where work has been done.

That, Demong noted, could not only save money through better productivity, but also reduce the burden on the city's 311 system.

"We literally have thousands of phone calls (to) the 311 system from people asking when their park is going to get mowed, when their street's going to be cleared," he said. "If you take \$5 per 311 call and take off 10,000 calls per year, that's a very significant savings."



The perks of volunteering

Julia Penny, 8, takes a break from handing out water to runners in the Calgary Police Half Marathon and 5K Run and Walk to take a seat on Const. Roger Nobert's motorcycle. Sunday's 34th annual race saw 2,000 runners and walkers hit the streets of Calgary — quite an increase from the 250 who ran in the inaugural event in 1980. ROBSON FLETCHER/METRO

Alberta pharmacies

Plan to end loyalty programs causes concern for some

Alberta pharmacists' plan to put an end to loyalty programs, Air Miles and other inducements has people who spend much of their income on medication concerned.

Roxanne Stewart, vicepresident of the Edmonton-based Chronic Pain Association of Canada, said she has heard from many concerned patients since the change was announced, including one who needs the points desperately.

The change, which the Alberta College of Pharmacists plans to implement May 1, would stop pharmacists from offering points or other loyalty programs for drug purchases. Kit Poon, who owns a small pharmacy in Stony Plain, said the college made the right decision ending the practice. "We think as health professionals ... there really is no point to an inducement," he said.

RYAN TUMILTY/METRO IN EDMONTON

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Massena, N.Y.

Teen's arm severed cleaning a pasta machine

A teenage employee at an Italian restaurant in northern New York has severed his arm while cleaning a pasta machine.

A spokeswoman for Massachusetts General Hospital said that 17-yearold Brett Bouchard was listed in serious condition Sunday morning. He was flown there after the accident Thursday night at Violi's Restaurant in Massena on the Canadian border.

Manager Mia Violi said that Bouchard was cleaning the pasta machine when his right arm was severed.

THE ASSOCIATED PRESS

Montreal mayor

Hours booze is served doth make a metropolis 'fun'?

Montreal's mayor is putting his city's renowned nightlife to the test — and taking a shot at rival Toronto in the process.

Denis Coderre says he will allow bars on two downtown streets this

summer to serve alcohol until 5:30 a.m., two-anda-half hours later than liquor laws currently allow

Busy stretches of Crescent and Saint-Denis will be part of the trial. It will run from June 12 to July 5, during weekends. Coderre used Friday's announcement to lob a jab at Toronto, saying a metropolis "should be fun." THE CANADIAN PRESS

National Defence

DND examines reports on improved 24-7 search-and-rescue

National Defence is once again taking a look at establishing an aroundthe-clock 30-minute response time for Canada's search-and-rescue squadrons, an idea the air force has long dismissed as too costly and manpower-intensive.

The Harper government has been under pressure to address the issue since last year's critique by the auditor general and the high-profile death of a young boy in Labrador. Two research reports, which crunched the numbers, were delivered to senior command.

THE CANADIAN PRESS

S. Korea's PM resigns, takes 'all responsibility'

Ferry sinking. 'I hope these deep-rooted evils get corrected this time and this ... never happens again,' said Chung Hong-won

South Korea's prime minister resigned Sunday over the government's handling of a ferry sinking that has left more than 300 people dead or missing and led to widespread shame, fury and finger-pointing, blaming "deep-rooted evils" in society for the tragedy.

South Korean power is concentrated in the president, so Chung Hongwon's resignation appears to be symbolic. Presidential spokesman Min Kyung-wook said President Park Geun-hye would accept the resignation, but did not say when Chung would leave office. Chung's resignation comes amid ris-

ing indignation over claims by the victims' relatives that the government did not do enough to rescue or protect their loved ones. Most of the dead and missing were high school students.

Officials have taken into custody all 15 people navigating the Sewol.

A prosecutor revealed that investigators were looking into communications made as the ship sank between a crew member and the company that owns the ferry.

Chung was heckled by victims' relatives and the PM's car was blocked when he visited a shelter on an island near the site of the sinking a week ago.

On Sunday, he gave his reason for resigning. "As I saw grieving families suffering with the pain of losing their loved ones and the sadness and resentment of the public, I thought I should take all responsibility as prime minister." THE ASSOCIATED PRESS



Paris. Two cops under review in tourist rape

France's interior minister says prosecutors have opened a preliminary investigation of two Paris policemen in connection with the suspected rape of a Canadian tourist inside police headquarters.

A statement Sunday said both officers, as yet unnamed, as well as a third who wasn't charged but is named as a witness, have been placed on suspension pending the outcome.

Prosecutors are investigating an accusation of gang rape made by the Canadian tourist. French media reports say the woman met the off-duty police officers in a nearby bar. The police head-quarters, on an island in the Seine River, is home to Paris judicial police and is often evoked in France by its address, 36 Quai des Orfevres.

Reports say the woman allegedly left the headquarters distraught and told an officer that she had been raped. She has undergone a medical with DNA samples taken.

THE ASSOCIATED PRESS/

Two important Catholic popes sainted on Sunday



Two 20th-century popes who changed the course of the Catholic Church became saints Sunday as Pope Francis honoured John XXIII and John Paul II in a delicate balancing act aimed at bringing together the conservative and progressive wings of the church.

As if to drive the message of unity home, Francis invited retired Pope Benedict XVI to join him on the altar of St. Peter's Square, the first time a reigning and retired pope have celebrated Mass together in public in the history of the church. The day became a historic day of four popes

historic day of four popes
An estimated 800,000
people — many of them from
John Paul's native Poland —
filled St. Peter's, the streets
around it and bridges over
the Tiber River, a huge turnout but only half the size of
the crowd that came out for
John Paul's 2011 beatification

John reigned from 1958-1963 and is a hero to liberal Catholics for having convened the Second Vatican Council. The meetings brought the church into the modern era by allowing Mass to be celebrated in local languages rather than Latin and encouraged greater dialogue with people of other faiths, particularly Jews.

During his globe-trotting, quarter-century papacy, John Paul II helped topple communism and invigorated a new generation of Catholics, while he defended core church teaching on abortion, marriage and other hot-button issues. THE ASSOCIATED PRESS

Day of four popes

Pope Francis offered each new saint heartfelt praise in his homily, saying Saint John had allowed himself to be led by God to call the council, and hailing Saint John Paul's focus on the family.

 Pope Benedict put John Paul on the fast-track for sainthood weeks after his 2005 death.

What goes up must come down



There may be storm clouds hovering over the stock market. Perhaps it's an opportune time to follow an old investor's adage: Sell in May and come back on St. Leger Day — the latter being the final event of the British horse racing season, falling in mid-September.

Statistics certainly support a pattern of hot-weather doldrums. Going back to 1926 the stock market's average annual summertime gain is just over four per cent, compared to seven per cent for the Novemberto-April period.

This year there may even be a stronger reason to lighten up on stocks and equity mutual funds: We're all waiting for a market tumble of more than 10 per cent.

Corrections or pullback of less than 10 per cent are common and occur at least once a year, sometimes more. There have been five of them in the last three years.

Bigger declines, in the 20 per cent range, hit the market about every three and a half years.

Guess when the last doozy struck? That would be the summer of 2011. We are right on target for another one in the next six months.

But before you rush off to sell everything, think again. Assuming your current investments are quality ones, consider market declines as an op-

1. Have cash. Cash is opportunity personified. When the market heads south buy more of the strong stocks and funds in your

2. Evaluate. You can't put No. 1 into effect unless you know your holdings are top notch. Reassess both mutual funds and stocks. If you have laggards, don't throw good money after bad. Any mutual funds that have not been in the top 25 per cent (called the first quartile) of their category over five years are likely not worth owning. Your adviser or a site such as morningstar.ca can provide this information.

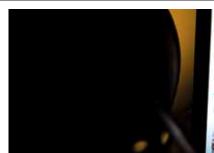
3. Diversify. A market correction is a great time to spread your investment dollars into different regions, such as the U.S., Europe or Asia.

The coming market storm may veer off course, but it doesn't hurt to be prepared.



DEMO!

LOW





China censors TV shows on streaming sites

A computer in Beijing shows a Chinese streaming website with a description of The Big Bang Theory, but the site no longer has access to episodes. Chinese authorities have ordered video streaming websites in the country to stop showing four popular American TV shows, representatives from two sites said Sunday. A spokeswoman for Youku, one of the sites, said it had received notification on Saturday not to show the sitcom The Big Bang Theory, political and legal drama The Good Wife, crime drama NCIS and legal drama The Practice. The State Administration of Press, Publication, Radio, Film and Television didn't give a reason for its order, said the spokeswoman, who couldn't be named because of company policy. NG HAN GUAN/THE ASSOCIATED PRESS



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WE'VE COME A LONG WAY, CALGARY

Today, city council plans to decide whether or not to pilot a downtown cycle track network.

The proposed 7.3 kilometres of separated bike lanes have been a hot point of debate in our city. Supporters and critics have passionately argued for and against nearly every element of the project: The cost (an estimated \$9.3 million), the locations (particularly 1 St. S.E.) and the overall vision for transportation in our city.

We've all had our say, and I suspect most minds are made up at this point.

So instead of trying to make eleventh-hour cycle track converts, I want to express gratitude for how far Calgary has already come in accommodating alternatives to the car.

When I first moved here 12 years ago, the city did very little to encourage cycling as a means of transportation.

Oh, there was plenty of bragging about how Calgary had the largest urban pathway system in North America — perfect for



Jeremy Klaszus calgary@metronews.ca

work hours)

bikes! But those who rode the pathways quickly learned that the system was built for leisure, not

If you wanted to travel anywhere efficiently, ditching the paths was usually your best choice.

And on Calgary streets, you were on your own. You could ride our so-called bikeways, which consist of regular roadways adorned with bicycle signs, but these aren't much to speak of.

In some cases, those bikeway streets were and still are - more dangerous than neighbouring streets.

There was the odd attempt at creating onstreet cycling infrastructure, but the implementation often went sideways

Exhibit A: the alleged bike lane downtown on 10 Ave S.W. that is regularly blocked by parked cars (it was intentionally designed to be a parking zone during

Just a handful of bus routes were outfitted with bike racks.

A decade ago, meaningful bike infrastructure in Calgary seemed out of the question.

You're asking for more than signs and painted lines? As if. Not here. We're a car city.

All of that is changing.

Today, I have a painted bike lane a stone's throw from my front door, all new buses are outfitted with bike racks and I can pull my kids in a bike trailer along a separated bike lane downtowncomplete with its own traffic signals.

It's progress, and I'm thankful for it.

It's not enough for some, and too much for others, but this shift in our built environment reflects a young, changing city that is hungry for transportation choice.

By now, many supporters and critics of the proposed cycle track are exhausted by the debate.

But even the debate itself shows how far we've moved toward building a sustainable, healthy city. A decade ago, this wasn't a citywide matter of serious discussion.

Don't get me wrong: We haven't arrived yet.

Hopefully, by the end of today, we'll be significantly closer.

ZOOM

In the deep end



Artist stuns with 3D optical illusion of swimming pool

Dutch artist Jeroen Bisscheroux has created the illusion of an empty swimming pool, spread across the ground inside a shopping centre in Osaka, Japan. is a perfect spot for a photo-op.

From a distance, Bisscheroux's artwork loss of colour — looks like a twodimensional painting of a pool. But while standing inside the work the pool's walls appear to drop away, giving the impression that you are floating in mid-air above it. **METRO**

Installation represents impact of Japan's nuclear disaster

Located in the Grand Front Osaka shopping mall, the work

However, there is a more sombre message, as the art serves to highlight the Fukushima nuclear disaster of 2011. The empty, discoloured swimming pool "brings the impact of the disaster back to human proportions," says the

- Bisscheroux describes the artwork as a carpet: "A place where we welcome guests." This cosy metaphor aims to encourage play and exploration of the empty space.
- The artist left an area to represent the crisis zone "grey and dark." Bisscheroux adds that it's a symbol of the "disastrous consequences" at Sendai.

METRO AUGMENTED REALITY

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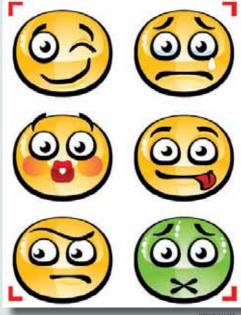
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ANDREW FIFIELD

Do you love emojis? Of course you do! Do you hate emojis? We prefer to think you just don't love them vet.

Either way, author and illustrator Avery Monsen has you covered with the introduction of 100 highconcept emojis that, sadly, our lives are too dull and tedious to require. But it would sure be nice if we could add them to our keyboards, even if it's strictly for aspiration's sake. (Tap the screen to freeze it.) Via @averymonsen on Vine.





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See that symbol? It means you can scan the photograph below with your Metro News app to see more images from this season of The Americans

metronews.ca Monday, April 28, 2014 SCENE

11

Ebooks The second seco

A Window on Eternity

By. E. O. Wilson

iPad/iPhone



MIND THE APP Kris Abel @RealKrisAbel scene@metronews.ca

Amongst grandfatherly storytellers, Wilson is superb. The esteemed biologist captures the grand story of Mozambique's National Park, a place tied to humanity's origins and now recovering from Civil War destruction, before whispering details of its smallest species with a twinkle in his eye.

Box office

Captain America toppled by The Other Woman

After holding the top position at the box office for three weeks, femmefuelled The Other Woman has beaten superhero blockbuster Captain America: The Winter Soldier for the No. 1 spot in its opening weekend. The revenge comedy grossed \$24.7 million US, while Captain America grossed \$16 million. THE ASSOCIATED PRESS

A good spy always brings the cupcakes

The Americans.

Costa Ronin explains the finer points of espionage

LISA WEIDENFELD

The Americans is a show that thrives on never quite revealing exactly what motivates its various spies and government agents. Who can be trusted, and who has a hidden agenda?

While Noah Emmerich's Stan Beeman navigates the intricacies of the FBI, his counterparts in the Russian Rezidentura have found a new face in their midst: Oleg Burov, played by Costa Ronin. Oleg received one of the show's finer introductions, missing an important summons from Rezidentura head Arkady Ivanovich (Lev Gorn) because he was listening to American music too loudly on his headphones. While Arkady was quick to write him off as a rich man's son using his connections to get ahead, Oleg has proven resourceful.

Oleg comes off as pretty confident about his spycraft, but as Ronin warns us, "that's his persona."

Tune in

The Americans airs Wednesday nights at 10 p.m. ET on FX Canada.



It's also the case with every character on the show, says Ronin. "Everybody's so good at hiding what they think and hiding what they feel because a small display of weakness can lead to somebody dying."

Oleg's apparent bravado may be more for protection than anything else, even among the KGB agents. "He cannot let them see how smart he is, he cannot let them see how savvy he is, he cannot show them all the cards that he's got."

Don't always assume that stony-faced people in suits would make good agents, though. Ronin says good spies are "the friendliest people you will ever meet, the people who will bring cupcakes to your Sunday brunch, who will pick up your kids from school ... To be the best, you cannot

be thought of (as) being a spy."
Though Ronin was initially only signed on for two episodes, the producers decided to keep him on for more of the hit spy drama's second season. As the season has progressed, Oleg has begun a careful dance with Beeman, initiated after a slow-paced but intense car chase, of which Ronin says,

"They did have to tell me to slow down a few times." He begins blackmailing Beeman over his involvement with the poker-faced Rezidentura employee Nina (Annet Mahendru), whom Oleg also begins seeing. It's all a careful balancing act. Will it all come crashing down on him?

crashing down on him?
"The show's about people and how they struggle with what they have to do," says Ronin. What, exactly, will oleg have to do? Keep watching The Americans to see whether he's just clever enough to stay ahead of the other spies.

SCENE

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1 DISH

METRO DISH

OF TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Some folks will do anything to avoid a wedding



STARGAZING Malene Arpe scene@metronews.ca

Demi Moore will reportedly travel to a yoga retreat in India in order to avoid being near any news outlets when Ashton Kutcher and Mila Kunis marry. To each her own. I would personally rather serve as ring bearer at every one of my exes' weddings than ever have to listen to someone talk about yoga.

Dean McDermott says he cheated on Tori Spelling



because having sex with her wasn't "fantastic." Fun fact: Nothing is fantastic while having to look at Dean McDermott, which is why I don't watch Chopped Canada.

Gwen Stefani replaces Christina Aguilera on The Voice. The stressed-out lighting crew is scrambling to figure out how to light a fake blonde with bright lipstick and loud clothes.



Why is George's latest squeeze wearing a giant rock?

George Clooney is ending his streak as Hollywood's most marriage-averse bachelor, as the Ocean's 11 star has reportedly asked girlfriend Amal Alamuddin to marry him, according to People magazine. "George and Amal are trying to keep things very low-key but they also aren't really trying to hide this, it doesn't seem," a source says. "I think it's like they want the people they love to know that this is real, that

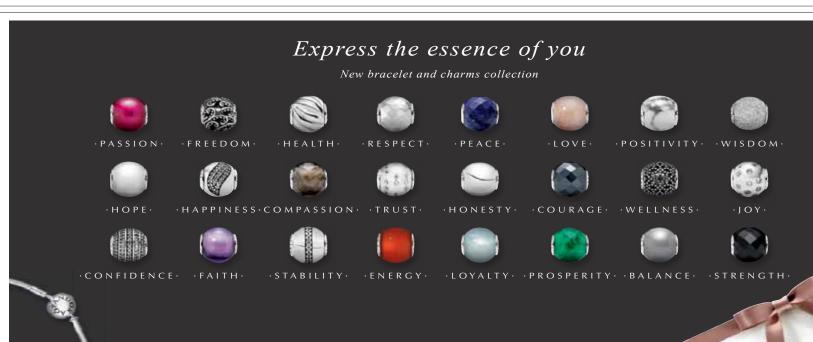
they plan on being together forever." While it's unclear exactly when Clooney popped the question, Alamuddin was first spotted donning an impressive diamond engagement ring at a dinner with Cindy Crawford and Rande Gerber in Malibu Thursday evening. Clooney and British human rights attorney Alamuddin were first rumoured to be dating in October when they were spotted together in London.

Gwynnie's friends sick of hearing about her perfect ... divorce

Gwyneth Paltrow's separation from Chris Martin is apparently going so smoothly that her friends are reportedly fed up with how smug the Oscarwinning actress has become about it, according to Radar Online. "'Conscious uncoupling' has become a joke among Gwyneth's friends. All she's doing is bragging about how peaceful her divorce is and

how she and Chris planned it so perfectly that it is hardly disrupting their lives," a source says. "Gwyneth has always thought she had the most perfect life, and even though she's getting a divorce and both of them are getting bad press, she doesn't care. She has become insufferable, saying how happy she is with the way everything is evolving."





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Five ways we find ourselves buried in a mountain of debt

No money, mo' **problems.** Prepare for the worst to avoid going into the red



VAZ-OXLADE Gail blogs daily at gailvazoxlade.com

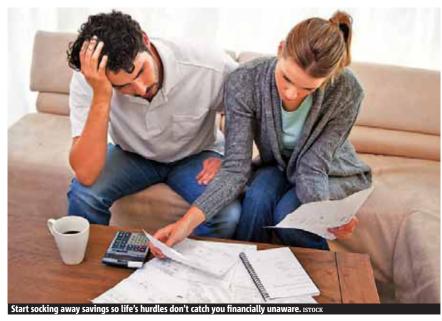
Often when people meet me out and about, they want to talk about the show. At some point in our conversation they say something like, "How'd they get themselves in such a mess?" These are the people who can't conceive of spending more than they make or having all that debt. Here are five ways it happens:

1. No Money Management Skills

Unfortunately, a lot of people were never taught the skills of money management. Each day people fly by the seat of their pants, hoping that things will turn out OK. Some days they do. Many days they don't, and they end up running around firefighting to stay afloat.

If you don't know how much money you make, how will you know how much money you can spend? If you charge whatever you're buying on your credit card, but you don't know how much you have to spend, how will you pay off that credit card when the bill comes in?

A lack of money management skills is, perhaps, the biggest predictor of financial failure. All the credit counselling, all the bankruptcies, all the income in the world isn't going



to save your butt if you don't take the time to figure out how to use what you've got to your advantage. There are rules to follow, work to put in, and selfcontrol to be applied.

2. Underemployment

Some people are just born lazy, y'know. I've worked with more than one person who thinks that earning \$14 an hour for 37.5 hours a week is just fine.

Bringing home \$400 a week is fine, if you're prepared to live on \$400 a week. But most people aren't. They want to drive cars, they want to take vacations, they want to have cellphones and premium cable and everything else their pals have. Sometimes when I tell these people to go make more money, they complain that it'll take away from their Mommy or Daddy jobs. Yet many of those same people spend hours a day doing stuff that doesn't involve their kids. THOSE are the hours you should be spending making more money.

3. Income Goes Down, Spending Doesn't

People get laid off from work. People get sick. People stay home to raise their children. Their incomes go down, sometimes waaay down, but their spending doesn't change. They use their credit cards, lines of credit and overdraft protection to fill the gap and then say they are surprised to find they are buried in debt. Then they get a consolidation loan or wrap

the consumer debt up in their mortgages and go out and do it all over again. Of course, these same people could have built themselves a buffer against changes in their financial circumstance, except for Reason

4. No Savings

We seem to have developed an aversion to saving. We use the excuse that we can't get much return on our money right now, so what's the point. Ha! Talk about justification. Wow. We've watched the savings rate plummet over the past three decades, hitting the negatives. How can that ever be a good

Of course, if we were willing to live on a little less now so that we'd have a cushion set

5. Getting Sick

Some people believe they will never get sick. It's why people don't bother to get critical illness insurance, disability insurance, or life insurance. In my mid-40s, my best friend died. She was also in her 40s. But before she died, she had years of dealing with MS and then with breast cancer and finally brain

If she hadn't had disability insurance, she would have been totally screwed. As it was, every month was a challenge financially. And believe me, she didn't need any more aggrava-

Of course, you may not be the one to get sick. It may be your partner, at which point you better have some money to help pay for the things he or she used to. Or it may be a child or an elderly relative that causes you to lose time off work.

There are life events that can contribute to pushing us into debt, but if we had been managing our money all along · saving some, covering our risks with insurance, being responsible with our money those life events could have been a lot less painful.

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aside in case we lost our jobs, we wouldn't be pushed into Debt Hell quite so quickly. And if, knowing we were going to take time away from work to raise kids or go back to school, we set aside some money to see us through our future plans, we wouldn't dig ourselves a tunnel to Debt Hell.

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und the world wisdom

List the carrots and sticks to help you stick to your goals



LESSONS FROM THE DESERT

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.

I took on running the Gobi with enthusiasm but within a month, before having experienced any of the tangible physical benefits from my training, I was already losing my drive. The law of diminishing intentions was in full flight — my life was getting in the way of my training. It



was challenging to anchor new habits into an already full schedule. For most of us, as it was for me, change is hard without leverage.

My main mistake was that I didn't give myself enough reasons to change my calendar to suit the project.

I had jumped in with a healthy naiveté, and now I needed to do what I should have done prior to taking on the project. So I listed all the pros and cons of running the Gobi. The list was obviously heavily tilted in favour of doing it. I then flipped the equation and listed the pros and cons of not running it. It allowed me to visualize the rewards of running the Gobi and also brought to light the cost of not following through with my goal. I needed the list of carrots and sticks to be exhaustive as possible in order to bank all these reasons for the days when I would inevitably falter, or just not want to train.

I posted the long list on my home office wall so it would be in my face — a perpetual reminder for the duration of the project. And even though there were far more reasons to run the Gobi than not, at times when my willpower wavered, I re-read the list and renewed my commitment.

STÉFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER

When life gives you lemons, make artisanal lemonade

Loss leaders. While Kaila and Tammara didn't win MasterChef Canada, the sour news isn't stopping them from making some sweet career moves

The latest two home cooks ousted from the penultimate episode of MasterChef Canada have both been inspired to make a foray into the professional food world.

Third-place finisher Kaila Klassen of West Kelowna, B.C., who was dismissed from the MasterChef Canada kitchen after making a minor error in the pressure test, is in the process of opening her own restaurant in Kelowna called Krafty Kitchen and Bar.

Tammara Behl, who came fourth, has just launched a Calgary catering company and says she will also make guest appearances on CTV Morning. She's given up her teaching position with the Calgary Board of Education.

Behl was eliminated during a mystery box challenge that featured Italian ingredients chosen by guest judge Joe Bastianich of MasterChef.

Both women said Tuesday that being one of the 16 home cooks on MasterChef Canada meant sacrifices: Behl left her husband and two young children while Klassen relinquished her real estate career during the six weeks spent in Toronto taping the show. But the experience was ultimately rewarding.

"I learned that you really have to learn from people



Finale airs tonight

Eric Chong, a chemical engineer from Oakville, Ont., and Marida Mohammed, a stay-at-home mom from Toronto, will battle it out to win \$100,000 in the MasterChef Canada finale, airing tonight on CTV.

even though they might be less experienced than you or less informed," said Behl. "Everybody has something to teach you and really be nice to your neighbour.'

Klassen added: "I know now that it is very, very important to listen to your instincts and listen to your gut and, as Tammarra says, be kind, be genuine, be honest and to listen to the judges. Always listen to the judges. They're always right.

Chefs Michael cini, Alvin Leung and Clau-dio Aprile, who judged the contestants in Season 1 of MasterChef Canada, will be staying on to helm Season 2, CTV has announced.

Being on MasterChef Canada was like living in a pressure cooker, the two acknowledged, but their love of all things culinary kept them

"When we weren't filming, we were thinking about food," said Klassen. "We were thinking about MasterChef, and so it was a very stressful situation, but I think with us all having a commonality with a love for food it was great because we could get away at the end of the night and just talk about food and not have to talk about the show, and just enjoy. It was fantastic. Everyone was amazing." the canadian press

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LIFE 17

Wake-up call gets Arianna Huffington to redefine success as a good night's sleep

Thrive. In her new book, The Huffington Post's editor-in-chief urges others to look beyond the pursuit of money and power

It took a collapse in her home office resulting from exhaustion and sleep deprivation for Arianna Huffington to truly wake up.

As she worked relentlessly to build her rapidly expanding media company, that fall on a spring morning in 2007 left Huffington with a broken cheekbone, an eye injury and a renewed resolve to re-examine her life.

Digital detox

"It was wonderful to have a meal without Instagramming it, to watch a sunset without Instagramming it, and to have conversations with my children when they would say something funny I wouldn't feel the temptation to tweet it."

Arianna Huffington, describing her most recent Christmas vacation spent with her ex-husband and daughters.

Yet long before the incident, Huffington acknowledged there were other key moments that should have put her "sleep-deprived, burnt-out-fuelled existence into perspective." The loss of her first child that was stillborn. A breast cancer scare. Her divorce.

In her new book Thrive (Harmony Books), Huffington proposes what she describes as a "Third Metric" to define success — one that extends beyond the pursuit of money and power.

The co-founder and editorin-chief of The Huffington Post Media Group includes the following as pillars of the Third Metric: self-care, wellbeing, wisdom, wonder, and giving.

Huffington dedicated Thrive to her late mother, Elli, whom she saw as a true embodiment of the Third Metric, reinforced with anecdotes of the spirited matriarch woven throughout the book.

"My mother was somebody who always lived life with an open heart, making connections with people, not multitasking, all of the things that dominate our lives now were things that she realized were not going to lead to a life of meaning and purpose," Huffington said in an interview in Toronto.

"She truly believed — she taught my sister and me — in



Arianna Huffington, co-founder and editor-in-chief of The Huffington Post Media Group, poses in Toronto while promoting her new book Thrive, DARREN CALABRESE/THE CANADIAN PRESS

not missing the moment, and that happiness is really about being 100 per cent present in the moment of what we are

"Unfortunately, our minds often want to take us in the past, judging what we've done. Often, this voice that we all have in our heads that I call the obnoxious roommate ... that puts us down, judges us constantly, questions our dreams, or our mind, wants

to take us in the future worrying, being anxious about what's going to happen."

In addition to touting the benefits of meditation, the self-described "sleep evangelist" recognized the importance of getting sufficient shut-eye after her collapse and started to read about the scientific value of sleep.

"It's really a miracle drug. It affects our health and wellbeing, our mental clarity, our capacity for joy," said Huffington, who over time has gone from getting four to five hours of sleep a night to between seven and eight.

At the end of each section of Thrive she offers tips on small steps readers can take immediately to start charting a course to wellness. Among them: aiming to get 30 more minutes of sleep a night. She has also established her own wind-down routine which en-

compasses turning off all her devices (including an iPhone and four BlackBerrys) and placing them outside of the bedroom.

"We have to recognize that we are addicted to our smartphones and the impact that that has on being able to connect deeply with the people we love. I think we need to make checking our smartphones during dinner as socially unacceptable as picking your nose or scratching your private parts," Huffington said.

Despite finding personal success in making changes, Huffington realized there are others who may find the prospect of following suit difficult—especially those faced with significant demands on the job and elsewhere. But if anything, she sees the steps she outlines as even more critical for those whose lives are particularly challenging.

"There are a lot of things in the outside world that we cannot control. We cannot control having a boss, say, that expects us to be on all the time. And let's say that we have to stay in that job. ... There's a lot we can do to deal with our own attitudes to our job and what we're doing when we're not on the job," she said.

"When our own inner world changes, we're more likely to change our outer world." THE CANADIAN PRESS

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Students get hands-on experience by putting their practical knowledge to use in SAIT's live classrooms, such as the Highwood Dining Room.

"By providing real-world situations to students they are able to develop their customer service skills, and develop the skills necessary to problem solve, and respond effectively to various situations," says Patricia Koyich, hospitality management instructor, SAIT.

The Highwood Dining Room is an essential part of student learning at SAIT.

Every day students participate in real-time restaurant operations, communicating between "the front of house" and the culinary students in the "back of the house," demonstrating the collaboration that is involved in successful food and beverage service.

From the moment a guest walks through the door at the Highwood, students use the skills learned in the classroom to ensure they meet and surpass the expectations of the guests while under the supervision of the instructors.

"Our industry is based upon exceptional customer service and in a live classroom guest interaction is both spontaneous and responsive," Koyich says. "These scenarios cannot be planned in a controlled classroom setting."

Koyich says the "hard skills," such as table setting, dining room setup and some bartending skills, can be taught in



ONTRIBUTED

a classroom setting, but the "soft skills" that require reading a guest and anticipating their needs cannot.

"We give the students the information and the setting to practise dining room service," Koyich says. "The guests who visit the Highwood provide the student with the real experience of what it is like to work in our industry."

Hospitality management program students study a variety of skill-based

courses, such as food and beverage service, and food production, food safety and nutrition.

They also study business and hospitality management courses, including marketing, tourism, organizational behaviour, human resource management, front office management, special events management, wine and spirits appreciation, accounting, food and beverage cost control, revenue management, and hospitality law.

INTERNATIONAL REPUTATION

Go places with a diploma in hospitality management from SAIT Polytechnic.

The hospitality management program is a two-year diploma program with an international reputation of offering relevant and skill-orientated education that prepares students for careers in the hospitality industry.

The program offers a combination of skills-based courses and in-depth business and hospitality management courses, offered through a blended learning environment.

Between the first and second year, students complete an industry internship that provides a bridge between their academic studies and practical, experiential learning.

Students may find careers in various industries, including hotels, restaurants, resorts, private clubs, attractions, and special event management, and some students have also gone on to establish their own businesses.

"There is a great demand for graduates with last year's employment survey showing 98 per cent of hospitality management respondents employed," says Margaret Walsh, academic chair, hospitality management program.

For more information, visit sait.ca

PREPARE FOR THE REAL WORLD

Although Breanne Patterson was armed with a bachelor's degree in communication and culture, she was looking for a career where she could travel, see the world and experience different cultures.

When she learned about the hospitality management diploma at SAIT Polytechnic, she knew it would be the right fit for her.

"I knew people who had taken the hospitality management diploma previously and were very positive with their feedback of the program," Patterson says.

Patterson completed her diploma in 2013 and is now a leadership development trainee with Delta Hotels and Resorts.

"My education at SAIT laid the foundation for my career, and helped jump start me in the industry," Patterson says. "I learned practical knowledge there that prepared me for the work world."

Patterson says SAIT's teaching was current, relevant and hands-on and all her instructors came from the industry and used their real-life experiences to teach students.

"The instructors also played a large part in my SAIT education. They are all passionate about what they do and it shines through in their teaching — their previous industry experience is an invaluable teaching tool."

Since completing the program, she has been able to apply her learning directly to all of her new roles in her current position.

"This program has given me the fundamental skills I need to succeed in the industry and has taught me with hands-on experience in a friendly, community-based



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atmosphere. It really sets you up for success and moves you to the next level of your career path."

SAIT provided Patterson with the education she was looking for in a career

she is passionate about, and she happily recommends this program to others.

"Compared to my time in university, my SAIT professors knew me by name, not just as a number in the system."

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"Pork: The Other White Meat" is a slogan used since 1987 to help pork compete with poultry, and it's worked! Ounce for ounce, pork tenderloin has less fat and fewer calories than a chicken breast, and the image that pork was only a fatty meat has been overcome. It is considered an extra lean meat ac-

- Serves 4 1 lb pork tenderloin
- . 1 Thsp. Dijon mustard
- 1/2 cup finely chopped shelled pistachios
- 3 Tbsp. grated Parmesan
- 2 tsp olive oil
- ½ tsp minced garlic

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Pork is a good source of iron, zinc, selenium and phosphorus and has been known to fight against Type 2 diabetes, helping to maintain optimal sugar levels. Today, due to better health procedures, you can now eat your pork medium rather than well done.

The old practice was to cook until 160 F, which dried out this lean meat. It is now recommended to cook your pork to just 145 F for a moist and delicious medium-cooked meat.

This flavourful nut crust goes so well with this tender meat. You don't need to salt your pork since the cheese and mustard contain sodium.

When you cook the meat to medium, you won't need a sauce since the meat is so tender and tasty. Feel free to substitute any nuts of your choice. This topping also goes well over chicken or fish. Don't worry if the crumbs don't all stick; just serve them alongside the med-



Directions

1. Preheat over to 400°F. Sear tenderloin in skillet sprayed with vegetable oil, just until browned on all sides, about 3-4

2. Place on a baking sheet. Rub

mustard all over tenderloin.

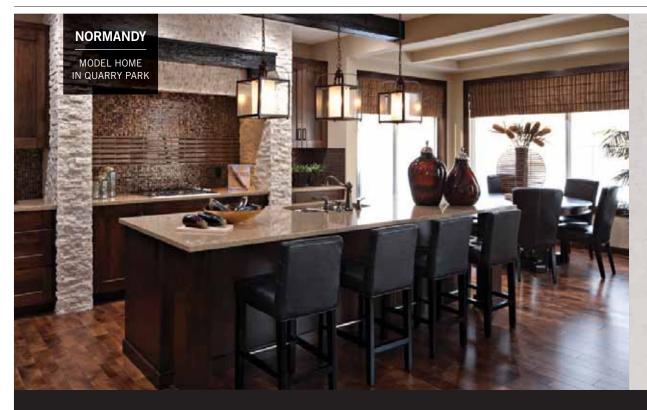
3. In a small bowl, combine pistachios, cheese, olive oil and garlic. Pat onto all sides of ten-

4. Bake until temperature

reaches 140°F (medium) or approximately 15-20 minutes.

5. Let rest for 10 minutes, then

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SPORTS
21

New York-Philadelphia

Rangers push Flyers to brink of elimination

Henrik Lundqvist didn't allow a bad ending to the second-period wreck an otherwise good day for the New York Rangers.

Lundqvist was the beneficiary of a three-goal lead that was trimmed to two when the Philadelphia Flyers got their power play to work in the closing seconds of the middle period. But the Rangers kept it together in the third, withstood a late surge, and pushed the Flyers to the brink of elimination with a 4-2 victory Sunday.

Lundqvist stopped 24 shots and didn't face more than 10 in any period.

New York leads the series 3-2. THE ASSOCIATED PRESS

Anaheim-Dallas

Ducks douse Stars' hopes in Dallas

Nick Bonino scored 2:47 into overtime, after getting one of Anaheim's two goals late in regulation, and the Ducks beat the Dallas Stars 5-4 in Game 6 on Sunday night to clinch the first-round series.

The Ducks scored twice in the final 2:10 of regula-

tion to force overtime for the first time in the series.

Bonino skated around from behind the net and got a puck over Kari Lehtonen's left shoulder to get the Ducks within 4-3.

Anaheim got the overtime-forcing goal with 24 seconds left after a wild scramble in front of the net with an extra skater and Lehtonen without his stick. THE ASSOCIATED PRESS

Stiff competition



"When you play this team, you know you're in for a tough

night. Nothing comes easy against Boston."

Canadiens defenceman Josh Gorges on his team's next playoff opponent — the Bruins.

Blackhawks eliminate their case of the Blues

NHL playoffs. Chicago wins first-round playoff series in six games, will face either Minnesota or Colorado next

First, it was Jonathan Toews on a power play, and then Patrick Sharp got loose on a breakaway. Andrew Shaw tipped one home, and it was all over.

One dazzling stretch for the Chicago Blackhawks put an end to their tight firstround series against the St. Louis Blues.

Duncan Keith had a goal and three assists, and the Blackhawks used a four-goal third period to finish off the Blues with a 5-1 victory in Game 6 on Sunday.

"It feels good to contribute in a big game," Keith said, "and I think just the main thing for me is just being able to move on and get a couple days to relax and just regroup

and focus on the next round."

Chicago won four in a row after a slow start in St. Louis. The defending Stanley Cup champions will play the winner of the Minnesota-Colorado series in the Western Conference semifinals. The Avalanche lead the Wild 3-2 heading into Game 6 in Minnesota on Monday night.

Toews, Sharp and Shaw scored in the first 7 1/2 minutes of the third and Keith closed out the scoring as the Blackhawks improved to 14-2 in home playoff games over the past two seasons.

Bryan Bickell scored in the first and Corey Crawford made 35 saves, keeping Chicago in a tie game when St. Louis controlled the second period.

"They were dominating the first 40 minutes here and we came back with maybe the best period of the year," coach Joel Quenneville said.

T.J. Oshie scored for the Blues, while Ryan Miller finished with 22 saves.

THE ASSOCIATED PRESS



The Blackhawks celebrate Duncan Keith's third-period goal against goalie Ryan Miller and the Blues during Game 6 of their first-round playoff series in Chicago on Sunday. JONATHAN DANIEL/GETTY IMAGES

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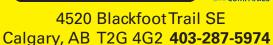
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22 SPORTS metronews.ca Monday, April 28, 2014



Raps grind out split in Brooklyn

NBA playoffs. Despite faltering after hot shooting start, young Toronto club leaves N.Y.C. tied 2-2 in series

DeMar DeRozan scored 24 points as the beaten-up Toronto Raptors tied their playoff series with the Brooklyn Nets with a 87-79 victory Sunday.

The victory was the Raptors' first playoff win on the road since a win over Philadelphia way back in 2001.

A hobbling Kyle Lowry added 22 points, while Amir Johnson finished with 17. Patrick Patterson and Greivis Vasquez finished with nine points apiece, and Patterson Game 4

87

79

Raptors

ors N

grabbed a team-high nine rebounds.

The best-of-seven Eastern Conference playoff series heads to Toronto tied at two wins apiece. Game 5 is Wednesday at the Air Canada Centre.

Paul Pierce led the Nets with 22 points, while Mirza Teletovic had 12. Kevin Garnett and Deron Williams finished with 10 points apiece. THE ASSOCIATED PRESS

NBA playoffs. Clippers stand together against owner Donald Sterling

The Los Angeles Clippers made a silent protest against owner Donald Sterling before Game 4 of their Western Conference playoff series against Golden State. The Warriors made a different kind of statement during the game.

And just like that, a series pulled into a race-related scandal took another twist.

Stephen Curry made a career playoff-high seven threepointers and scored 33 points, leading the Warriors past the Clippers 118-97 on Sunday to even their first-round series at two games apiece.

The game almost became an afterthought — until tipoff anyway — after an audio recording was posted Saturday online by TMZ purportedly of Sterling making comments urging a woman to not bring black people to his team's games. The alleged comments, which are under investigation by the NBA, have set off reactions of anger and calls for action through the league.

THE ASSOCIATED PRESS



their red warmup shirts inside out to hide the team's logo. GETTY IMAGES

Jordan speaks up



"As an owner, I'm obviously disgusted that a fellow team owner could hold such sickening and offensive views."

Charlotte Bobcats owner Michael Jordan



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CATRIONA LEMAY-DOAN





















15

48

18

28

55

37 38

See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

T Aries

March 21 - April 20

Don't worry if your finances have not been too healthy of late because you will find ways to replace what you have lost or spent.

Taurus April 21 - May 21

Throw caution to the wind and let the universe decide whether you are going to win or lose. With a solar eclipse coming up in your sign you will almost certainly be a winner.

II Gemini May 22 - June 21

Mercury, your ruler, may be moving through the most shy and retiring area of your chart but if past experience is anything to go by that will merely encourage you to redouble your efforts to put on a show.

9 Cancer June 22 - July 23

Keep things simple over the next 24 hours and you won't go wrong. You know what it is that you want, you know where it is you can find it and there is nothing anyone can do to deny you.

Ω Leo July 24 - Aug. 23

Put yourself forward and show what you can do. Employers and others in positions of power are looking for people who are decisive. And that's you.

W Virgo Aug. 24 - Sept. 23

You may not be entirely convinced that what you are about to do is going to succeed but you have promised others that you will try. Don't let them down!

📤 Libra Sept. 24 - Oct. 23

According to the planets you are carrying too much emotional baggage. Once you have confronted your fears you may realize there was little to worry about in the first place.

M Scorpio Oct. 24 - Nov. 22

Someone who is aggressive for no good reason is likely to bring out the worst in you today. No doubt they have not experienced a Scorpio's sting before but it's unlikely they will forget it.

プ Sagittarius Nov. 23 - Dec. 21

Because you like to be independent you may not enjoy what takes place over the next 24 hours. You may have to fight for your right to set your own agenda and come and go as you please.

り Capricorn

Dec. 22 - Jan. 20 You are full of energy thanks to the approaching eclipse and it's important that you channel it in constructive directions.

Aquarius Jan. 21 - Feb. 19

The task you are faced with today may seem daunting but if you attack it in the right way there is no doubt at all you will make a success of it.

H Pisces

Feb. 20 - March 20

Anyone who thinks you lack the spirit of adventure will have to think again as cosmic activity in the most outgoing area of your chart inspires you to try so many new things. SALLY BROMPTON

Crossword: Canada Across and Down

13

16

35

39

45

65

36

49

52

Across

- 1. Jean-Claude Van 6. British actor Idris 10. Min. bit
- 13. "Congratulations order!"
- 14. Particular primary pigment 15. Glide 16. "No Sugar

Tonight/

- The Guess Who 19. "Put Your Hand in the Hand" land, 1971 hit for Canadian band Ocean
- 20. 1987 Steve Martin/Daryl Hannah comedy filmed in Nelson, BC
- 21. Nero's 1052 23. Flight-leaving info
- 24. F1's PC neighbour
- 27. Leading by a point, as 5 to 4: 2 wds.
- 28. Ms. Winger 31. Gymnast, e.g.
- 32. Permafrost-y expanse in The Arctic
- 34. Big cat 35. One trying to locate a missing parcel 37. Gwyneth Pal-
- trow's mother Ms. Danner 39. Apartment bldg. boss, colloquially 40. "Yellow Submarine" (1968) tune:

"It's ___ Much' 44. 'Jacob' suffix

"Arrow" 47. Droplet-looking throat part 48. Puget, e.g. 49. The Lion 50. Small 51. "Trailer Park Boys"

character

45. Stephen

Canadian star of

54. Sequester 60. Beetle that is a threat to the type of tree in its name: 3 wds.

50

53

63

62. Manly 63. Ms. Russell 64. Cake topper

How to play

involved.

65. Couture monogram

Fill in the grid, so that every

every 3x3 box contains the

digits 1-9. There is no math

row, every column and

66. Beatles title lady 67. Herring-like fishies

Down 1. "Shoot!"

54

- 2. Scope
- 3. Whimper on the Beach"
- by Jane Siberry 5. Organic compound
- 6. Level of command 7. Cleaning chemical
- 8. Australia: Great Reef 9. Year, fancy-style
- 10. Catchy interview quotes: 2 wds.
- 11. Get paid 12. First Nation of Manitoba

- 15. Distinguished
- 17. Deep-fried battered vegetables of
- Japanese cuisine 18. Cut
- 22. Not-reliant-on,
- briefly 24. ___ hole in (Corrodes)
- 25. Guitarist's move 26. 'Music' provider when wedding rice
- is thrown: 2 wds. 27. Driver's 4x4,
- commonly 29. J.R.R. Tolkien:
- Grassy area in Middle-Earth
- 30. A means to 33. Eradicate
- 36. Cause (Attention-grabbing
- controversy) 38. Hawaii's Mauna
- 41. Town in southern Saskatchewan
- 42. Gladiator's 56
- 43. Northern Africa country
- 46. Kinks hit
- Baby" by The Ronettes
- 52. Ms. Thurman's
- 53. Betty's role on
- "Hot in Cleveland"
- 55. Some sashes 56. Ness Monster's
- place 57. Opera solo
- 58. Oversee
- 59. Work units

6

- 61. Prince Valiant's

5

Friday's Crossword

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Friday's Sudo

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MAX: 8°

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TUESDAY

WEDNESDAY

MAX: 1



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